



Briargrove Barracudas Summer Season Swim Team Information Swimmers Copy

Welcome to the Briargrove Barracudas Swim Team! Briargrove Swim Team is a competitive summer only swim team. We are part of the Southwest Aquatics League, which consists of (5) community teams:

- Bellaire Barracudas
- Briargrove Barracudas
- Willow Wahoos
- West University Piranhas
- Southwest United made up of three small teams: (Southside, Briar Meadow, and JCC)

The coaches do not expect our swimmers to be experts. However, for the safety of the children we do ask that they be familiar and comfortable with the water.

PRACTICE: Each swimmer is expected to attend practice regularly. This time gives the coaches the opportunity to improve strokes, speed, and endurance. For the safety of everyone, cooperation with coaches is requested of each swimmer.

MAY Practice Schedule

4:00-4:30	6 and Under (session 1)
4:30-5:00	6 and Under (session 2)
5:00-5:30	7 and 8
5:30-6:15	9 and 10
6:15-7:00	11 and up

JUNE Practice Schedule

8:00-8:45	7 and 8
8:45-9:30	9 and 10
9:30-10:00	6 and Under
10:00-11:00	11 and up

JUNE Stroke Clinics

Every Tuesday	6:30pm at Briargrove Pool Ages 7 and Up only
Every Wednesday	11:00am at Briargrove Pool Ages 7 and Up only



SWIM MEETS:

SWIMMERS ARE TO BE AT THE POOL WHERE THE MEET IS HELD ONE HOUR BEFORE THE MEET IS TO START.

It is the parent's' responsibility to provide transportation to and from meets for their swimmer. Age Determination: Birthdays on or before June 1 of the swim season will determine the age group in which the swimmer will compete. A swimmer must swim in at least 1 dual meet to be eligible for preliminaries. A swimmer may swim up one age group. All swimmers are limited to 3 individual events and one relay event per meet. If a team has a shortage of swimmers for a relay event, they may swim a younger swimmer in that relay.

Swimmers must be able to swim the length of the pool within 100 seconds in order to participate in a meet.

Rough Meet Time Schedule for Dual Meets

6 & Unders (Events 1-2, 17-18 and 29-30)

Warm Up @ 4:30pm

Meet Starts @ 5:00pm

Meet Ends approximately 5:45

7-17 year olds (Events 3-16, 19-28 and 31-68)

Warm Up @ 6:00pm

Meet Starts @ 6:30pm

Meet Ends approximately 9:30pm



SWIMMER PARTICIPATION: Please do not leave the meet early with your swimmer if he or she is participating in a relay. You do not want to disqualify the entire relay team because one swimmer leaves early. Relay teams have been disqualified due to a swimmer leaving early. Swimming is a team sport and relays are dependent on all participants.

PARENT PARTICIPATION: Swim team is an **ALL VOLUNTEER EFFORT**. There are many jobs to be done in order to put on a meet and run the team. Each parent is required to help in some capacity at every meet. For many jobs, there are two shifts per meet. The second shift often starts around 6:00 PM or later, which allows working parents the opportunity to lend their assistance at meets. When you sign up a swimmer for swim team, you are expected to volunteer at the meets. If you choose not to help or are unable to help, you may buy out of volunteering at a \$195.00 volunteer buy out rate.

ABSENCE: It is important that the team know when a child is not going to swim in a meet. On the website, parents are asked RSVP for the meets in which they know that their child (ren) can or cannot swim. If the parent is unsure at the time of registration or if a change occurs, it is the parent's responsibility to update RSVP's on the website as soon as schedules are confirmed and notify the coach or the team rep if the swimmer is going to be out of town for a particular meet. Please do so as soon as possible before the meet. Several days' notice is best. (Exceptions are understood in the case of sudden illness.)

AWARDS: In dual meets, ribbons are given in each event for first place through sixth place. Ribbons will be given to the swimmer as they exit the pool. At the ten and under meet, swimmers receive a ribbon for their place in their heat. At the end of the season, an awards banquet is held at our pool. Trophies are given for high point, most outstanding, and most improved for each age group. Everyone will receive a participation certificate. Please make every effort to attend this wonderful culmination to an amazing season of Cuda bonding.

COMMUNICATION - www.BriargroveSwimTeam.com

Website – This is the Main Console for all information! Check the site frequently during swim season for updates on practices, meets, special events, and news.

Email – This is the **ONLY** form of communication! Check your email frequently during swim season for updates on practices, meets, special events, and news.

Follow the team on Social Media:

<https://twitter.com/bgcudas>

<https://www.facebook.com/bgcudas>

WEATHER ALERTS

We will be using the website, Twitter notifications and Facebook notifications and email when we have inclement weather updates.



TEAM PHOTOS:

Family Kick-Off Party Thursday

First Thursday in June from 5:00pm-8:00pm

Individual photos at 4:00 | Team photos at 5:00

ALL SWIMMERS MUST BE IN TEAM CURRENT TEAM SWIM SUIT

Continued individual photos after team photo

Family Dinner and Swimming for all

TEAM SWIMSUITS

*Will be sold at practice on Thursday, May 18, 2017

Swimmers are required to wear their team suits on picture day and all swim meets. Swimsuits are available for purchase from:

Texas Swim Shop
10429-B South Post Oak
Houston, Texas 77035
(713) 723-0910

TSS very accommodating to our team and give us excellent prices. Swimsuit designs change every two years, on even years. You will be required to purchase a new swimsuit on even years.

2016/2017 Swimsuit discounted suit prices for your team suits will be:

Female \$27.00, with tax \$29.25
Jammer \$20.00, with tax \$21.65

The brief has retail price of \$44.00 and team price of \$33.00. These will be special order.

2016 Suit: Deep Within



QUICK VIEW





Briargrove Barracudas Swim Team Volunteer Job Descriptions

Most jobs at meets usually work in shifts. Each shift lasts about two and a half to three hours. Parents of only six and under swimmers should sign-up for first shift.

TIMERS:

Timers use stopwatches to time and record one lane in each heat. You will get wet!

SCRIBE:

Works with timer and writes swimmers number and time on cards, needs attention to detail and able to keep up with events and meet pace.

RIBBON WRITER:

Writes times on ribbons and hands to swimmer, needs attention to detail and able to keep up with events and meet pace.

JUDGES:

Judges observe a swimmer's strokes, touches, and turns. They decide, according to the league's guidelines, if the swimmer should be disqualified. There will be one Judges Clinic just before the 10 and under meet and judges will use that meet to practice judging. BG Cuda judges will only judge BG Cuda swimmers and will turn Judge slips into Age Group coaches for refining and review.

RUNNERS:

Runners pick up the time cards from the timers for each event and take them to the scorers.

SCORERS:

Enter and/or assist with entering timers' cards into the computer as the meet progresses. You will be able to watch your swimmer's events.

CHAIRS:

Many **non swim meet roles** need chairs or volunteers. Team President will equip you to fully take ownership in your Chair position in anyone of the following: T-Shirt Coordinator, Volunteer Coordinator, Chair any banquet or event, corporate underwriting, see CUDA 411 Volunteer list on website for Non Meet roles and new this year Cuda Cafe onsite concessions at the pool selling coffee and dollar items.

If you are unable to fulfill your assigned shift, please contact your head volunteer ASAP to help arrange a substitute or pay a shift fee so that we may hire a worker.



Meet Schedule as shown on www.BriargroveSwimTeam.com
All swimmers are to be at host pool one hour early for warm-ups

Date	Event	Description
4/9/17	Cuda 411/Registration Party	Information about the team, volunteer and registration
5/1/17	MAY PRACTICE TIMES CLICK HERE	PRACTICE IS EVERYDAY M-F
5/2/17	Cuda Cafe	Concessions AM at BG Pool
5/18/17	Texas Swim Shop at Practice	Suits are the SAME as last year
5/24/17	Mock Meet Time Trials	All swimmers will be timed for all four strokes; All volunteers will practice 'how' to work meet
5/25/17	Mock Meet Time Trials	All swimmers will be timed for all four strokes; All volunteers will practice 'how' to work meet
5/29/17	Memorial Day Holiday	***No Practices***
5/30/17	MORNING PRACTICE TIMES HERE	AM Practice begins 5/30 and are EVERYDAY M-F
5/31/17	7 and Up Stroke Clinic	Stroke Practice Starts and Turns
6/1/17	Kick-Off Party	Individual Photos at 4, Team Photo at 5, Individual Photos
6/3/17	ALL 10 & Under Invitational @ Willow	Arrive at 7am for check-in and warm ups (8am Meet Start)
6/5/17	Dual Meet @ West Univerity	BG/SWU vs. Bellaire
6/6/17	7 and Up Stroke Clinic	Strokes Starts Turns
6/7/17	7 and Up Stroke Clinic	Stroke Practice Starts and Turns
6/12/17	Dual Meet @Willow	BG vs. Willow
6/13/17	7 and Up Stroke Clinic	Strokes Starts Turns
6/14/17	7 and Up Stroke Clinic	Stroke Practice Starts and Turns



6/15/17	Dual Meet	BG vs. Southwest United
6/16/17	9/10s Movie Date with Coaches	9/10s Movie Date with Coaches
6/20/17	7 and Up Stroke Clinic	Strokes Starts Turns
6/21/17	7 and Up Stroke Clinic	Stroke Practice Starts and Turns
6/22/17	Dual Meet @ Bellaire	BG vs. Bellaire
6/23/17	Green and White Meet	Cudas Intra Team Meet
6/25/17	Briargrove Barracuda Parade	Celebration Parade through our Community
6/26/17	Prelims @West U: DAY ONE	Prelim Meet for 6/Unders and 11/ups
6/27/17	Prelims @Willow: DAY TWO	Prelim Meet for 7/8s and 9/10s
6/28/17	Championships @Willow	Championship Meet



Please RSVP for every meet whether yes, but especially if no!

1. Click on **Swim Meets** on the top of the home page when the list of the meets comes up

Meet Season	Swim Meets	
Season: 2017 Summer		Click to show past meets
Meets Show All <ul style="list-style-type: none"> 10&Under Invitational @Willow Dual Meet @West University Dual Meet @Willow Dual Meet Dual Meet @ Bellaire Green and White Meet Prelims @West U: DAY ONE Prelims @Willow: DAY TWO Championships @Willow 	10&Under Invitational @Willow Saturday 6/3/17 8:00 AM Arrive at 7am for check-in and warm ups (8am Meet Start) Location: Willow 10525 Cliffwood Dr Warmups: 7:00 AM	V RSVP
	Dual Meet @West University Monday 6/5/17 5:00 PM BG/SWU vs. Bellaire Location: West University Recreation Center	V RSVP
	Dual Meet @Willow Monday 6/12/17 5:00 PM BG vs. Willow Location: Willow 10525 Cliffwood Dr	V RSVP
	Dual Meet Thursday 6/15/17 5:00 PM BG vs. Southwest United Location: Briar Meadow 3203 Freshmeadows Drive 77063	V RSVP
	Dual Meet @ Bellaire Thursday 6/22/17 5:00 PM BG vs. Bellaire Location: Bellaire Pool	V RSVP
	Green and White Meet Friday 6/23/17 5:00 PM Cudas Intra Team Meet Location: Briar Grove Pool	V RSVP
	Prelims @West U: DAY ONE Monday 6/26/17 5:00 PM Prelim Meet for 6/Unders and 11/ups Location: West University Recreation Center	V RSVP
	Prelims @Willow: DAY TWO Tuesday 6/27/17 Prelim Meet for 7/8s and 9/10s	V RSVP

2. Click the RSVP button to the right of the meet for which you are responding. You will get the message "You must be logged in to RSVP!" Click OK.
3. On the left side of the page, a popup box will ask for the password.
4. **Enter all team password: CudaChamps**
5. Click on the RSVP button to the right of each meet.
6. Enter the email address you used to register and then click Yes or No.
7. A list of your swimmers should pop up and select Yes or No for each individual swimmer. **Do not forget to then click on the Save button below.**
8. Repeat for each meet.

If your availability changes, please change your RSVP's as soon as you know, UPDATE ~ no crushed relay dreams because the parents did not rsvp

Finally, go to Calendar on the top of the home page and RSVP for each of the special team events including, Kick-Off Party, Green and White Meet and End of Season Banquet.



CUDAS (Swimmers) REPORT TO TENTS:

Cuda Coaching teams will be the Pied Piper of each age group. Each coaching team will lead their kids at meets, sit with their kids at meets under the Age Group Specific Team Tents at the swim meets. Swimmers per age group will be required to stay in their tent with their age group coaches. Likewise, Coaches will be present in the tent and will lead 'in the tent' Cuda fun, love and cheering, supervision and leadership.

Because this will be a new flow to create the camaraderie, fun, and fellowship that we all love about our meets, we will practice this process at our pool everyday in May. Our age group tents will stay set up for all practices in May. Swimmers will arrive each day and report to their age group tents where their coaches will be ready to greet them with CUDA cheer. While ALL coaches will participate during ALL practices, the coaches per age group will lead their specific age group practice. The full flow and movement of all 'deck' activity will be led under the mentorship of our Deck Coaches, Melissa Brill and Alex Hale.



Briargrove Barracudas proud League Members of Southwest Aquatics League

Team Representatives | [Briargrove Barracudas](#)

- Terri Tyler, Meet Management | Judges
- Cynthia Wenz, Team President and Manager
- Barbara Lilly, Team Treasurer and Steering Committee

Work Hard | Play Hard | [Swim](#) Hard

www.briargroveswimteam.com

BGcudas@gmail.com

REGISTRATION at www.BriargroveSwimTeam.com Look for Click Here for Online Registration

Top Right of Website